

Sunday  
25th Oct

# COME & REST



Corporate Prayer / 3pm @ BCC



## JEHOVAH SHALOM

### 'GOD OF PEACE'

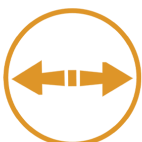


*"Come to me, all you who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls." Matthew 11:28-29*

*"When my heart is overwhelmed, lead me to the rock that is higher than I." Psalm 61:2*

*"But they who wait for the Lord shall renew their strength, they shall mount up with wings like eagles, they shall run and not be weary, they shall walk and not faint." Isaiah 40:31*

He invites us to come to Him and He will give us rest. As we're willing to humbly admit our need for Christ to restore us and help us, we can find true freedom from the burdens that will seek to overwhelm our lives and weigh us down. Time with Him is never wasted. He alone is able to change our perspective, renew our spirits, and strengthen our hearts for the day ahead. We can be assured He knows our way and holds us safely in His hands, no matter what we're up against. We don't have to try to control everything, we can just let it go safely into His hands. All the worries, the burdens, the stress, and feelings of being overwhelmed.



We call out to you **Jehovah Shalom** which means 'God of Peace'... for those in our families, church and community who are in need of rest and peace.



This week set up a special place in your home to meet with God daily. Make it a place you want to be in, so a cosy quiet corner, favourite chair or even a small tent would be perfect! Think about what will help you meet with Him; a bible, pens and paper, warm blanket, music, your favourite drink or flowers.